Table of contents

p. 13 Preface by Raffaele Serra
17 Introduction

21 Chapter 1
Contours of Diversity. Gender, Health, and the Social Fabric of TGD Lives
1.1. Introduction, 21
1.2. What Is Diversity?, 27
1.3. Diversity and Health, 38
1.4. Diversity in Gender: Who Is a Transgender and Gender Diverse Individual?, 47
1.5. Intersex Individuals and TGD People: Distinctions and Overlaps, 55
1.6. Health Concerns Among TGD People, 62
1.7. Underground Pathways to Gender Affirmation: The Irregular Commerce of Hormone Therapy and Silicone Injections Among TGD Individuals, 70
1.8. The Medicalization of TGD Health: Some Reflections, 76
1.9. A Deepening on The WPATH Files, 83
1.10. How Can the Social Sciences Study the TGD People?, 91
1.11. Conclusions, 101

p. 109 Chapter 2
The Role of Social Capital on TGD Health
2.1. Introduction, 109
2.2. The Foundations of Social Capital: Theoretical Origins, Core Dimensions, and Public Health Relevance, 113
2.3. Bonding Social Capital and Health: The Power of Close Ties in Shaping Well-Being, 120
2.4. Bridging Social Capital and Health Equity: The Role of Weak Ties in Expanding Access and Resources, 128
2.5. Linking Social Capital and Institutional Health Access: Navigating Power, Policy, and Public Services, 137
2.6. Social Capital and TGD Health: Some Considerations, 146
2.7. The Relationship Between Bonding Social Capital and TGD Health, 149
2.8. The Relationship Between Bridging Social Capital and TGD Health, 154
2.9. The Relationship Between Linking Social Capital and TGD Health, 160
2.10. Queer Social Capital and Chosen Family: Alternative Networks of Survival and Belonging in the Lives of TGD People, 165
2.11. Conclusions, 170

175 Chapter 3
TGD Health Between Barriers
3.1. Introduction, 175
3.2. What Are the Barriers to Health? The Main Theories and Models on Health Barriers, 179
3.3. The Main Barriers for TGD People: An Overview, 185
3.4. Macro Level: Health System Barriers, 187
3.5. Structural Barriers, 189

3.6. Meso Level: Social Barriers, 194
3.7. Micro Level: Individual Barriers, 200
3.8. Some Useful Tools for Health Policies: A Taxonomy of Barriers and a Conceptual Framework, 205
3.9. Critical Reflections, 216
3.10. Conclusions, 229

p. 233 Chapter 4
The Health of TGD People in Italy: Theoretical and Empirical Aspects
4.1. Introduction, 233
4.2. Key Elements of Gender Affirmation for TGD People in Italy, 238
4.3. Exploring Gender Affirmation Pathways in Italy: A Legal Focus, 244
4.4. Facilitating Gender Affirmation in Italy: Insights into the Infotrans Portal, 249
4.5. The Complexities of Gender Affirmation in Italy: Problems and Social Effects, 252
4.6. The Empirical Studies Begin With a Premise, 258
4.7. Italian Healthcare Professionals' Competence in TGD Health: A Quantitative Study, 259
4.8. Critical Reflections, 284
4.9. Exploring the Healthcare Experiences of TGD People: A Qualitative Analysis of Their Perspectives, 294
4.10. Critical Reflections, 308
4.11. Conclusions, 316

323 Chapter 5
Framing Identity. A Visual Approach Through a Photographic Gallery of Interviewees
5.1. A Methodological Premise, 323

p. 331 *Picturing Life Stories: A Visual-Quotational Approach to Research with TGD People*

375 Chapter 6
Drawing the Threads Together. Between Inclusions and Conclusions

387 References